

Presents

A Patient's Guide to Prosthodontics

What is prosthodontics?

"The branch of dentistry that deals with rehabilitation of missing or deficient teeth, oral tissues and its surrounding structures."

Who is a prosthodontist?

"A dentist who has received additional training and education in Prosthodontics."

The journey towards specialization 3 years **MDS Prosthodontics** 5 years **BDS**

But the destination is worth it....

A Tooth Replacement Specialist

Dentures

Crowns & Bridges

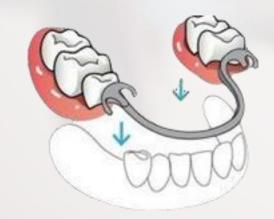
Treatments provided by a Prosthodontist

Dental Implants

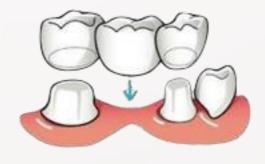
Maxillofacial Prosthesis

Smile makeover

Splints / Night guards









Dentures

A removable replacement option that is supported by the teeth and gums

Removable Partial Dentures

A removable partial denture and its can be made of acrylic or cast metal.





Acrylic denture





Cast metal denture

Removable Complete Denture

A complete denture can be given to replace all the teeth and gums.









Patient Instructions

1. PATIENCE:

- It will take time to get used to your denture.
- Lower denture takes much longer time to get used than the upper denture.
- Excessive salivation will be there for few days as a foreign object is placed in mouth.

2. WEARING OF THE DENTURE:

- While inserting first you should insert lower denture, then insert upper denture.
- While removing, remove the upper denture then the lower denture.

Patient Instructions (Contd.)

3. WHILE HAVING FOOD:

- For first few days eat only soft, non-sticky food.
- In the beginning don't bite off two much at one time.
- Do not cut the food using front teeth instead cut food into small pieces and chew them with back teeth.
- Chew slowly and uniformly on both sides.

4. DENTURE WEARING TIME:

- Wear your denture all the time except during sleep.
- Always keep your denture in a bowl of clean water when it is not in use.

Patient Instructions (Contd.)

5. LOOSE DENTURES:

- Commercially available denture adhesives are available in form of paste or powder and can be used for loose dentures.
- Before fitting dentures or applying any denture adhesive, please ensure your dentures are clean and thoroughly dry.
- Start by applying adhesive to inner surface of dentures in a series of small dots or strips.
- When fitting dentures, press them firmly in place and hold for some time until dentures are fitted properly.

Patient Instructions (Contd.)

6. TISSUE CHANGES IF ANY AFTER WEARING THE DENTURE:

• If you experience any burning sensation or painful sore spots under your new denture contact your dentist immediately.

7. SPEECH:

 Practice speaking loudly and confidently wearing the denture while looking into a mirror for first few days.

8. PERIODIC CHECK UP:

- Visit to your dentist in every 6month- 1 year for regular check up.
- New dentures may be required after every 5 years.



Remove and rinse dentures after each meal





Handle with great care: Proper care of dentures should be taken while rinsing the denture.



Use commercially available denture cleansers for cleaning the denture and brush the denture and rinse thoroughly



Dentures should be stored immersed in in water when not in use and the water should be changed daily.





Don't drop denture - might lead to fracture



Dentures should never be placed in hot water

Veneers, Crowns and Bridges

A fixed replacement option that is primarily supported by teeth.

Veneers/Laminates



Wafer-thin, custommade shells of toothcolored materials designed to cover the front surface of teeth to improve your appearance.

These shells are bonded to the front of the teeth changing their color, shape, size, or length.



Dental Crowns

A crown is used to entirely cover or "cap" a damaged tooth.

Besides strengthening a damaged tooth, a crown can be used to improve its appearance, shape or alignment





Before After

Dental Crowns with Radicular/Root Support

A fractured tooth can be saved by placing a post inside the root canal for support, followed with a crown(cap) covering it.













Different materials used to make a dental crown /bridge



Porcelain or ceramic crowns can be matched to the color of your natural teeth. Other materials include gold and metal alloys and acrylic resin.

Fixed partial denture/ Bridge



- Fixed partial dentures or bridges are supported primarily by adjacent teeth.
- They involve the
 preparation or reduction
 in the adjacent tooth
 structure.

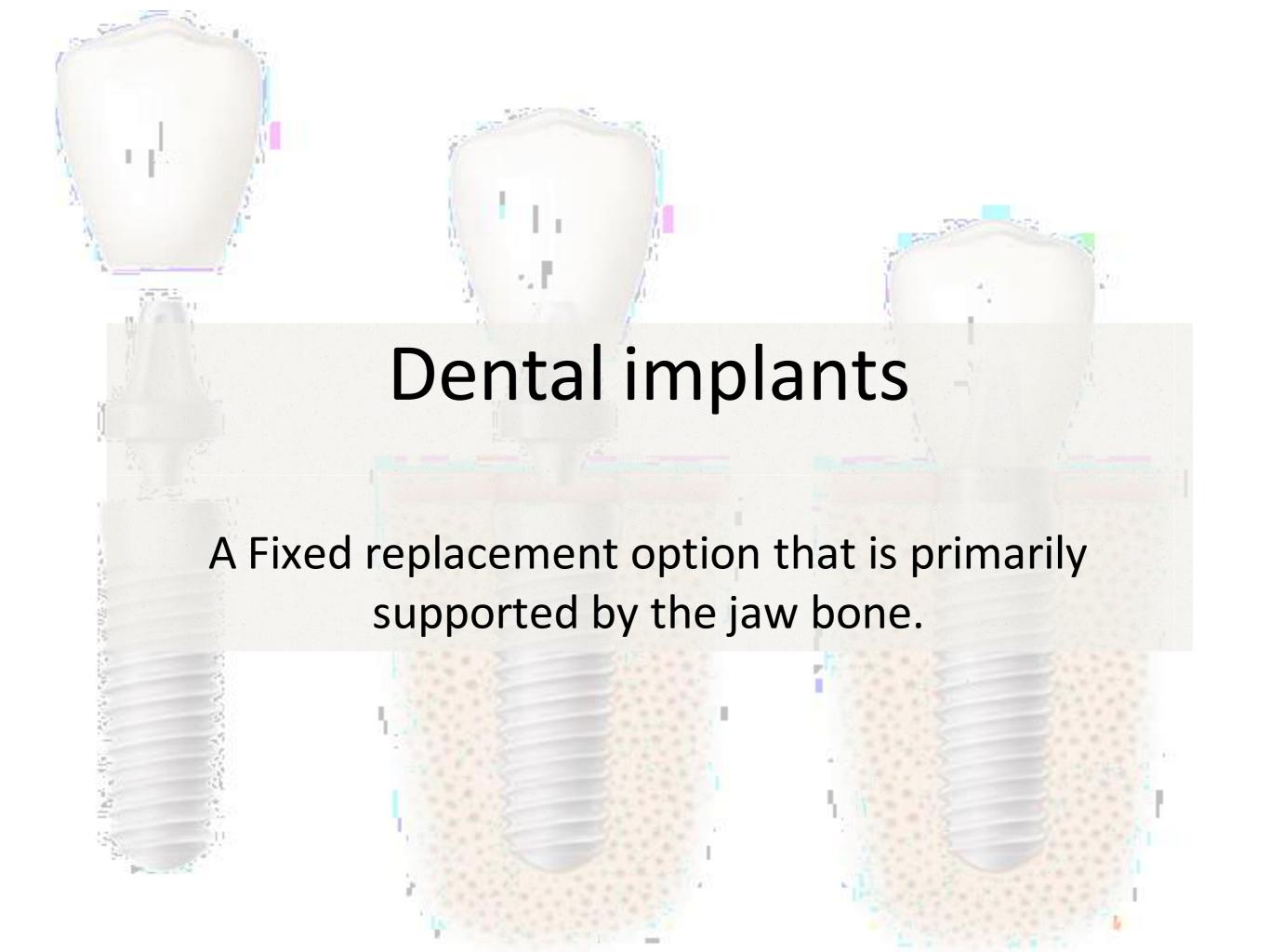
Patient Instructions

Maintain adequate oral hygiene

Use dental floss beneath and around the bridge

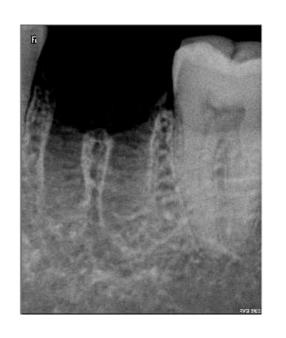
Do not bite any hard object using teeth

Periodic recall in every 6 months



Dental Implants

Dental implants are supported by the jaw bone. It involves a minor surgical procedure for the placement of a biocompatible material which resembles your root portion of the teeth.

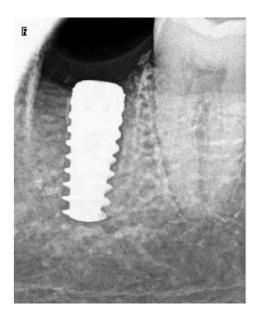




Before



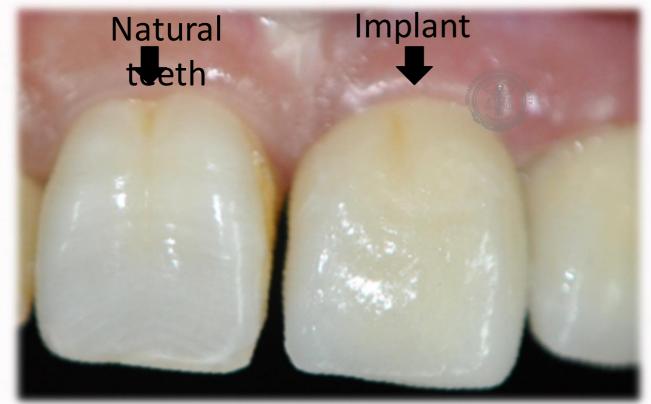
After





Dental Implants





Implants offer a very natural appearance to the replaced teeth.

Implant Supported Denture

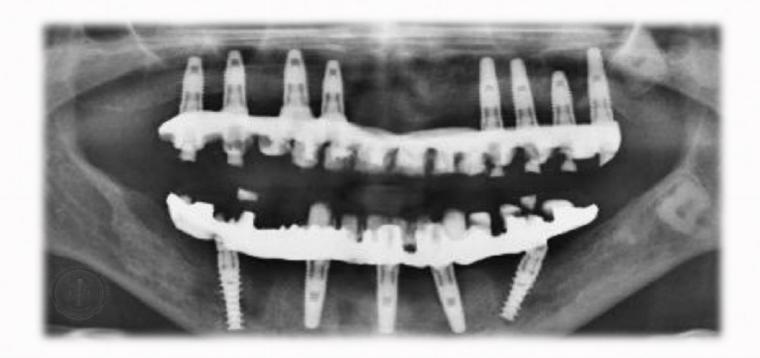
When the remaining structures are not sufficient to support a complete denture, implants can be used to provide an additional hold.



Female component in denture

Implant Supported Fixed Prosthesis

A fixed implant solution for edentulous patients desiring a replacement for removable prostheses.



The prosthesis is entirely supported by implants





Instructions after implant surgery

Wound protection

- Do not disturb the wound.
- Avoid rinsing, spitting, or touching the wound on the day of surgery.

Bleeding

- Bleeding or redness in the saliva is normal for 24 hours.
- Excessive bleeding can be controlled by biting on a gauze pad placed directly on the bleeding wound for 30 minutes.

Diet

- Drink plenty of fluids. Avoid hot liquids or food.
- Soft food and liquids should be eaten on the day of surgery.

Instructions after implant surgery (Contd.)

Pain

- Take pain medication as soon as you feel the local anesthetic wearing off.
- The prescribed medication should be taken as directed.

Antibiotics

• Be sure to take the prescribed antibiotics as directed to help prevent infection.

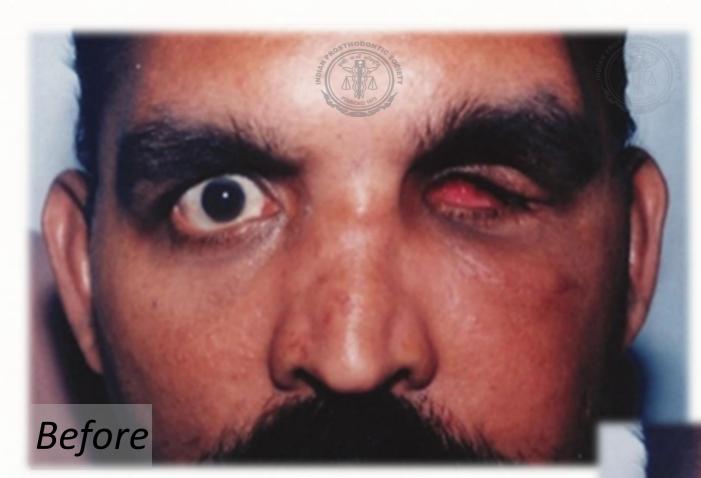
Oral hygiene/Cleanliness

- The prescribed mouth wash should be used twice daily
- Warm salt-water rinses should be used at least 4-5 times a day, especially after meals.
- Brushing your teeth and the healing abutments is no problem. Be gentle initially with brushing the surgical areas.

Maxillofacial Prosthesis

A prosthetic replacement used to replace facial parts lost through disease or trauma.

Ocular Prosthesis



An ocular prosthesis or simply an "artificial eye" can be give to uplift the patient psychologically and boost their confidence.





Facial Prosthesis





Facial prosthesis is a treatment option for patients who are not candidates for reconstructive surgery or who choose not to undergo further procedures.

Obturator





Maxillary defect

An Obturator restores the surgical defect and aids in the function of speaking, chewing, or swallowing.

It fills the void left by the surgery and artificially replaces lost tissues and teeth.



Smile Makeover/Smile Designing

A **smile** makeover is the process of improving the appearance of the **smile** through one or more cosmetic dentistry procedures

Smile Makeover

A Prosthodontist can give a new life to your smile with the help of veneers, crowns and bridges



Here, old crowns have been replaced by all ceramic crowns to give more natural appearance





Smile Makeover



Smile Makeover



Discolored teeth can be restored back to natural appearance

Before



