

# Prosthodontics India

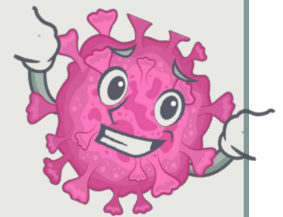


Volume 2. Issue 3. June 2020

THE OFFICIAL NEWS BULLETIN OF THE INDIAN PROSTHODONTIC SOCIETY

## LIVE BEYOND WHAT IF.....FIND JOY IN WHAT IS

November 17, 2019 is all where it started. According to an unpublicized report, the first covid case can be traced back to this date in Hubei province, China. The coronavirus pandemic, is an ongoing pandemic of coronavirus disease 2019 (COVID-19), caused by severe acute respiratory syndrome coronavirus 2( SARS-COV-2).The WHO declared the outbreak a Public Health Emergency of International Concern on 30 January, and a Pandemic on March 11. As of June 12 2020, more than 7.48 million cases of COVID-19 have been reported in more than 188 countries and territories, resulting in more than 420,000 deaths; more than 3.52 million people have recovered.

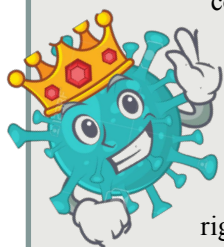


As we all are aware there is no known vaccine or specific antiviral treatment as yet, primary treatment is symptomatic and supportive therapy. Worldwide the authorities have responded by implementing travel restrictions, lockdowns, workplace hazard controls, and facility closures. Best prevention is to follow the recommended hand washing, social distancing (more appropriate term is rather physical distancing), use of face masks, respiratory etiquette, monitoring and self-isolation of suspected infected people.

This pandemic has caused immense global social and economic disruption, including the largest global recession since the Great Depression. It's funny how the world economy is about to collapse just because people are buying only what they really need. It has led to postponement or cancellation of academic, sports, religious, political and cultural events, widespread supply shortages exacerbated by panic buying, but on a positive note decreased emissions of pollutants and greenhouse gases. Schools, universities and colleges have been closed either on a nationwide or local basis in 172 countries, affecting approximately 98.5 percent of the world's student population. All this has brought a sea change in how we lead our lives- work from home, online classes, tele medicine.

Dentistry is facing a very challenging time as we are amongst the ones at the highest risk of contracting and transmitting the virus. Covid-19 has had a desolating impact on the dental industry, and with the pandemic still on the growth curve in India, it is difficult to ascertain the extent and severity of its long term impact at this point of time. The fraternity needs to be very careful when it comes to practicing dentistry in this environment as even a small slip in following protocols and taking precautions can be very expensive. Dentistry today needs a complete structural change to prevent doctors as well as patients from getting infected. Any compromise on the quality of PPE or sanitation maintained in clinics can be catastrophic. There is also an equally important issue of proper training and process management in following these protocols. There is need for cultural changes in the approach to dentistry, adopt tele mentoring and shift focus to preventive dental care, opportunity to shift to minimally invasive techniques. We also need to find the right way of circulating knowledge and information to prevent fear-mongering among patients, and create awareness by being honest and transparent. In the future there is going to be a tremendous change in the way dental clinics are run and teaching is conducted in dental colleges, with less patient-dentist/ student interface, digitalization of dental procedures, use of simulation models and artificial intelligence.

Actual meaning of the word Corona is The CROWN; virus has spikes on its surface, resembling a crown, hence the name Coronavirus. The outer layer or the atmosphere of the sun is also called The Corona...the stellar corona, having a beautiful golden ring which we never see because the Sun is so bright that we are blinded by its light, but can be seen when there is complete darkness as in during Solar eclipse. We, humans are also going through darkness and if we allow ourselves we can see our true light, to see WHAT TRULY MATTERS. We have been so blinded by our lifestyle, our cars, fast paced life, our bank accounts, luxuries...we have been so blinded celebrating the wrong heroes...it's time we truly stopped and celebrated the Ones who truly matter- our farmers, our health care providers, our doctors, our nurses, our police, our teachers and our elders. What truly matters today is to celebrate the simple things in life -Kindness, Love, Generosity, Oneness and Simplicity. So next time you think about Corona think about your true Light, your Wisdom which shall guide you in the right direction.



(Continued....)



Covid-19 outbreak is a symbol of how fragile and unpredictable our lives can be in an unusual state of affairs. We are not all in the same boat but we are all in the same storm. It has affected lives tremendously beyond our imagination paradoxically which is a reality. The virus has changed the way in which most of us live, work or perform our basic day to day functions, continuing its grasp at an alarming rate with the impact being felt at multiple levels resulting in economic slowdown, business disruption, trade hindrances, travel obstructions, public seclusion and so on. Uncertainty created by the novelty of the virus, the universality of it and the high levels of data connectivity is the reason this pandemic has acquired epic proportions in the minds of people

around the world. Anxiety levels have shot up, staying constantly in a stressed state is taking a toll. India has topped Global anxiety Index in corona fallout. Along with the Pandemic, there is also an INFODEMIC- information overload often leading to unverified news generation and opinion formation. Misinformation about the virus has been circulated through social media and the mass media resulting in fear and anxiety in people. Corona is the most often used word in today's times. We hear, read and discuss about Corona...what does it do to you... you get fearful, anxious, stressed and few of us do panic. Our internal as well as external dialogue is all about the Corona...be it the news, facebook, twitter, instagram, radio, friends and family. It is important to understand that it is first and foremost a human crisis and hence having an empathetic, transparent and supportive approach is must.

The pandemic and the subsequent lockdown have left me introspecting. It's only when we lose what we take for granted, that we realize its importance...be it our health, family, food, everyday luxuries and even Mother nature. Enforced shutdown has given us time to hit pause button on our usual daily routine, to explore our hobbies, be creative, to enjoy homemade food (kids realized they can survive without junk food). It has also given chance to the earth to breathe...air is clearer, sky is more blue, rivers and oceans are cleaner...as if nature is undoing, repairing the human wrongdoings. May we never again take for granted – freedom to go out, family gatherings, birthday celebrations, roar of a stadium, morning at the gym, crowded concerts, packed dance floors, coffee with friends.. the Life itself.

Lockdown has provided us ample time (we have always complained about shortage of time) to unlock our hidden talents and inner potential. Corona crisis has given us time to re-connect to our inner self, restore our balance, renew our bonds with family and friends, reflect on what is essential, rekindle our faith and trust, reinvent ourselves to face the present scenario with more conviction and credence.

We usually express our gratitude for all the good things in life, but we rarely practice gratitude for challenging situations. It is important to be grateful to the toughest struggle and the deepest grief because those experiences are beneficial- either they result in something good or they make us internally strong. Be grateful for the challenge to increase your inner power and to come out stronger. Situation can be imperfect but our state of mind should be perfect. When pushed out of comfort zone, we emerge certain qualities which we were not aware of. Our power to face, power to tolerate, power to adjust are activated.

As per the news and different studies the peak of covid cases is yet to reach in India. With this we need to understand that the relaxation given to us by the government is just because the economy needs it, otherwise the financial losses would be immense. Physical distancing with social connectivity needs to be the way of life for the time, till the vaccine is made available. Uncertainty of the future and testing times ahead can be overcome by keeping a positive attitude towards our life and future. There are numerous things that should not be canceled –compassion, faith, kindness, dreams, hope, love, conversations, relationships, laughter, understanding, patience and self-care.

I hope we carry forward the lessons learnt, slow down our pace and contribute towards a healthier, greener planet; Concentrate on counting our blessings; Take precautions to the best of our ability; Appreciate more and expect less; Have the courage to be kind in this crisis; Have faith, trust God and His will and Hope for the best!!

*Be Atmanirbhar, Stay safe, Stay healthy (and negative).*

**RE-SET...RE-ADJUST...RE-START...RE-FOCUS.**



*Dr. Neeta Pasricha*

**IPS E LEARNERS FORUM – SEASON 1**

**Indian Prosthodontic Society**  
IPS e-Learner's Forum - Season 1

**Session 1: Prosthodontics in Covid Times**

IPS f Live on 23<sup>rd</sup> April 11am on wards

**Dr. K. Mahendranadh Reddy**  
Professor in Prosthodontics  
Chairman  
Council for Prosthodontic Research

**Indian Prosthodontic Society**  
IPS e Learner's Forum Season - 1

**COVID Times**  
"Let's walk, Before we Run!"

**Session - 7**  
IPS on 17th May 2020, Sunday  
11am onwards

**Dr. Mahesh Verma,**  
Prof. and M.D., FAMS, FDSRCS (England),  
FDSRCPG (Glasgow), FDSRCS (Edinburgh), Ph.D  
Padma Shri Awardee | Dr. B. C. Roy Awardee  
Vice Chancellor Gau Gobind Singh Indraprastha  
University, New Delhi, India

**Indian Prosthodontic Society**  
IPS e-Learner's Forum - Season 1

**Session 2: A to Z Impressions in Maxillofacial prosthodontics**

IPS f Live on 28<sup>th</sup> April 11am on wards

**Dr. Sanketh Reddy K**  
MDS, MSD, Dip Gsc, Msc

**Indian Prosthodontic Society**  
IPS e Learner's Forum Season - 1

**Determinants of Occlusion in Full Mouth Rehabilitation**

**Session - 6**  
IPS on 15th May 2020, Friday  
11am onwards

**Dr. Chethan Hedge,**  
Prof. and HOD  
Dept. of Prosthodontics  
AB Shetty Memorial Institute of Dental Sciences  
(NITTE Deemed to be University) Mangalore

**Indian Prosthodontic Society**  
IPS e Learner's Forum Season - 1

**Bruxism - Current Status, Implications in Prosthodontics & TMDs**

**Session - 3**  
IPS on 30th April 2020, Thursday  
11am onwards

**Dr. V. Rangarajan**  
Prosthodontist,  
Diplomate in Oral Implantology (ICOI),  
Fellow in Orofacial Pain,  
TMD & Dental Sleep Medicine (USA)

**Indian Prosthodontic Society**  
IPS e Learner's Forum Season - 1

**Treatment Options For Deficient Posterior Edentulous Arches**

**Session - 8**  
IPS on 23<sup>rd</sup> May 2020, Saturday  
11am onwards

**Dr. T. V. Padmanabhan,**  
Chairman IBP  
Past President IPS

**Indian Prosthodontic Society**  
IPS e Learner's Forum Season - 1

**DSD As Treatment Planning Protocol**

**Session - 4**  
IPS on 7th May 2020, Thursday  
11am onwards

**Dr. Jangala Hari,**  
Prosthodontist & Implantologist  
Fellow & Diplomate ICOI, Fellow DSD  
Joint Secretary IPS

**Indian Prosthodontic Society**  
IPS e Learner's Forum Season - 1

**3D Printing Relevance in Prosthodontics**

**Session - 9**  
IPS on 28th May 2020, Thursday  
11am onwards

**Dr. M. Shiva Shankar,**  
Director Confident Dental Laboratory,  
Former Prof Krishnadevaraya College  
Of Dental Science

**Indian Prosthodontic Society**  
IPS e Learner's Forum Season - 1

**Data Mining**

**Session - 5**  
IPS on 9th May 2020, Saturday  
11am onwards

**Dr. Ravindra Savadi,**  
Professor of Prosthodontics  
Immediate Past President, Indian Prosthodontic Society  
PhD Guide, RGUHS.

**Indian Prosthodontic Society**  
IPS e Learner's Forum Season - 1

**Sustainable Leadership For Change Management**

**Session - 10**  
IPS on 30th May 2020, Saturday  
11am onwards

**Dr. Suhasini Nagda,**  
Educational Consultant,  
CU Shah Medical college, Ex Director MEMH,  
EX Dean NAIR Dental College

The IPS webinar series titled **IPS E Learners** forum proved to be a big hit among the IPS members with tremendous viewership for the program. All in all a total of ten E learners forum lectures were telecasted live during the Season 1 of this educative event. Dr. Mahendranadh Reddy kick started the inaugural lecture with his presentation on 'Prosthodontics in Covid Times'. This was followed by Dr. Sanketh Reddy delivering a brilliant lecture on 'A to Z – Impressions in Maxillofacial Prosthodontics". Dr. V Rangarajan was on air talking about 'Bruxism – Current Status and its Implications in Prosthodontics & TMD which had tremendous viewership. Dr. Hari Jangala in his impeccable discourse on 'DSD As a Treatment Planning Protocol' was brilliant with his presentation. The 5<sup>th</sup> lecture of the forum was by Dr. Ravindra Savadi who talked on 'Data Mining' stimulated a lot of interest among the student fraternity and practitioners circles. Dr. Mahesh Verma captivated the listeners in his impeccable style in his discussion on 'Covid Times, Lets walk Before We Run' Dr. Ramananad Shetty, Dr. T V Padmanabhan, Dr. V Rangarajan and Dr. Mahendranadh Reddy were the panelists in this spell binding discussion. The 8<sup>th</sup> session of the forum, handled by Dr. Chetan Hedge on 'Determinants of Occlusion in Full Mouth Rehabilitation' was a treat to the captivated online audience. Dr. T V Padmanabhan in his inimitable style was outstanding as he deliberated on the topic 'Treatment Options for Deficient Posterior Edentulous Arches'.

The 9<sup>th</sup> lecture in the series was handled by the master of digital dentistry in the country Dr. M Shiva Shanker who spoke eloquently on '3D Printing and its relevance in Prosthodontics, which was straight out of science fiction for many in the audience. The Final session of first season of the brilliant educative series by IPS was reserved for Dr. Suhasini Nagda who made a scintillating presentation on an unconventional topic 'Sustainable Leadership for Change Management ' which had high significance in the current world order in co-creating the future new. The whole program was well designed, organized and executed to perfection by the program director Dr. Jangala Hari and team. A big kudos for a brilliant Season One of this very exciting educative series which was exemplified by the tremendous viewing and reviews the program generated. The second season of this series is much awaited.

**AGM IPS Branches** All the IPS branches conducted their AGM on time and the new office bearers assumed office well within the stipulated time in almost all the branches. Due to the unprecedented situation prevailing across the country most of the AGMs were conducted online. The President, Secretary, President Elect, Immediate Past President, Treasurer and Editor of the various branches are below in the order as mentioned. You can find the details of each branch EC on the [www.ipsonline.in](http://www.ipsonline.in) website under Branches.

**IPS ANDHRA PRADESH**



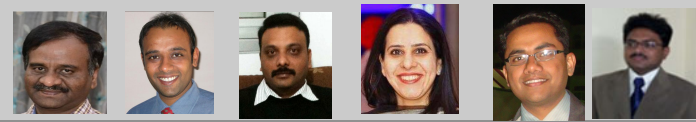
**IPS MUMBAI NAVI MUMBAI**



**IPS BENGALURU**



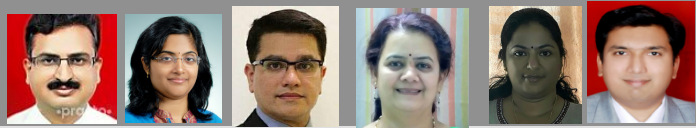
**IPS BHOPAL**



**IPS CHANDIGARH**



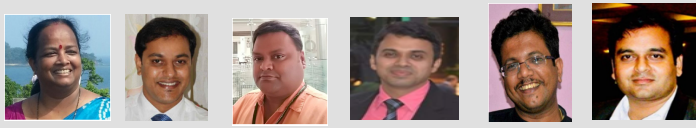
**IPS NAGPUR**



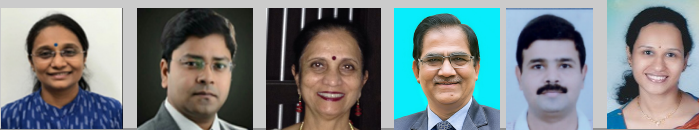
**IPS CHHATTISGARH**



**IPS ODISHA**



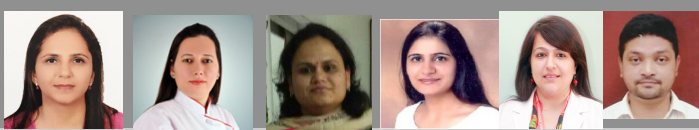
**IPS GUJARAT**



**IPS PUNE**



**IPS HARYANA**



**IPS TAMIL NADU & PUDUCHERRY**



**IPS JAIPUR**



**IPS TELANGANA**



**IPS KARNATAKA**



**IPS UTTAR PRADESH**



**IPS KERALA**



**IPS WEST BENGAL**



IPS BRANCH..

NEWS .. NEWS ..NEWS

IPS PUNJAB



IPS Punjab hosted a webinar on Role of Digital Technology in Prosthodontics by Dr. Sudhir Bhandari. The talk was well attended by a very interactive group.

IPS Pune conducts a National Level Master Class Program for post graduates -Congratulations to the IPS Pune for hosting a national level on line orientation Program for exam going post graduate students. The master class was held for 6 continuous days with faculty from across the nation.. This was a unique program, focused to help the postgraduate students get oriented and prepared for the final postgraduate examination. The highlight of the program was that more than 870 students registered and participated in the event. IPS President Dr. J R Patel Inaugurated the program. Kudos IPS Pune for taking up this massive project.

IPS Pune also conducted a webinar on introduction to bio implant planning software by Dr Bhushan Gaikwad.

Indian Prosthodontic Society Pune Branch ONLINE MASTERCLASS HOW TO HANDLE PROSTHODONTICS PG EXAMINATION ?? REGISTRATION FEES RS.300 HIGHLIGHTS OF THE PROGRAM DATES AND DAYS: 18TH - 23RD MAY 2020 (MONDAY TO SATURDAY) REGISTRATION DETAILS: www.evenint.com/ps-online-masterclass

IPS West Bengal Dentistry Tomorrow Challenges & opportunities in prosthodontics & dentistry post COVID 19 Moderator: Dr. Uday V. Gandhi, Dr. D. Arunachalam, Dr. Nirjan Chatterjee, Dr. Himadri Dasgupta

IPS West Bengal-conducted a webinar on DENTISTRY TOMORROW - Challenges and Opportunities in Prosthodontic dentistry Post Covid. The Program had a expert panel with Dr. Niranjhar Chatterjee and Dr. Himadridasgupta joining in from the USA and Dr. D Arunachalam from Chennai, Dr. U V Gandhi was the moderator of the event. IPS West Bengal also contributed a cheque for Rs 20,000 to the Covid relief fund.

IPS Gujarat conducted a webinar on Covid Care and Dentistry - Understanding Made Easy. Dr. Parthiv Mehta and Dr. Darshana Thakker were the experts who spoke . Dr. Darshana Shah, Dr. Rupal Shah ,Dr. Jigna Shah were the panelists and Dr. Shruti Mehta and Dr. Manish Katyayan, the moderators.

IPS Gujarat State Branch Presents webinar on COVID CARE AND DENTISTRY UNDERSTANDING MADE EASY. Sunday, 14th June, 2020 9:30 A.M. Panelists: Dr. Parthiv Mehta, Dr. Darshana Thakker, Dr. Darshana Shah, Dr. Rupal Shah, Dr. Jigna Shah, Dr. Shruti Mehta, Dr. Manish Katyayan

IPS Kerala - The Indian Prosthodontic Society Kerala State Branch in association with the Department of Prosthodontics, PMS College of Dental Science and Research and Journal of Prosthetic and Implant Dentistry (official publication of IPS Kerala State Branch ) as knowledge partner, conducted the \*IPS ESSAY COMPETITION 2020\* This was open to all on a national level. The 3rd edition of Journal of Prosthetic and Implant Dentistry, the official publication of IPS Kerala State Branch was released.

The Indian Prosthodontic Society Kerala State Branch in association with The Department of Prosthodontics, PMS College of Dental Science and Research and Journal of Prosthetic and Implant Dentistry IPS ESSAY COMPETITION 2020

IPS Jaipur \_ released a video on World No Tobacco day exemplifying the ill effects of its use. This video had wide circulation.

IPS Chandigarh conducted a CDE -Webinar by Dr. Sanjay Kalra on Managing Complications in Implants.

IPS Bengaluru conducted webinars as part of their case based learning program lecture series. Dr .Prafulla Thumati spoke on 'Full mouth rehabilitation - A biometric approach ' and Dr. Shiva Shanker spoke on 'Computer Enhanced Implant Placement.

An Initiative by IPS Bengaluru Branch Facebook Webinar Series: 2 Computer Enhanced Implant Placement Date: 14.06.2020; Time: 11am-12pm Moderator: Dr Venkateshwar Reddy



IPS-ISMR Biannual Conference - The much awaited IPS-ISMR International Conference at Pune has been postponed due to the global Covid 19 pandemic situation.

**CONGRATULATIONS**

**Dr. Mahesh Verma** has been selected as **Member of the National Medical Commission.**

He is the only dentist in the board. Congratulations to you Sir, IPS is proud of your achievements.

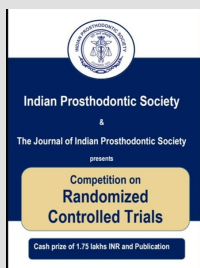


**Dr. Balendra Pratap Singh** has been included in the Editorial Board, Journal Of Prosthodontics. Congratulations to him.



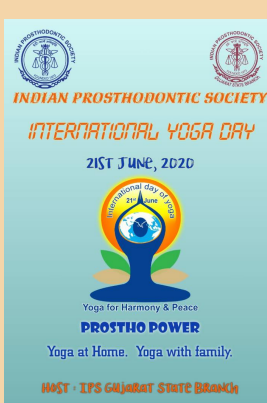
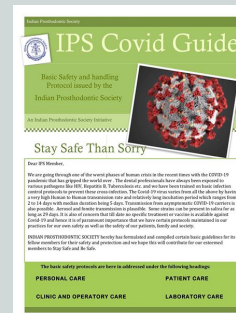
### JIPS Competition on Randomized Controlled Trials

In continuation with the success of the path breaking 2019 systematic review and meta analysis competition and in pursuit of encouraging the highest level of clinical evidence in the country, the IPS and Journal of Indian Prosthodontic Society (JIPS) is organizing a unique competition on randomized control trials. The total prize money for the same amounts to 1.75 lakhs INR. The details of the same are available on [www.journalonweb/jips](http://www.journalonweb/jips). The last date for submission is July 01, 2021.



Dear IPS Member,

Hope and pray all of you are in the best of cheers and health. We are going through one of the challenging phases of human crisis in the recent times with the COVID-19 pandemic that have gripped the world over. The dental professionals being at high risk have always been exposed to various pathogens like HIV, Hepatitis B, Tuberculosis etc., and we have been trained on basic infection control protocols to prevent these cross-infection. The Covid-19 virus throws new challenges at us in that it varies from all the above by having a very high Human to Human transmission rate and relatively long incubation period which ranges from 2 to 14 days with median duration being 5 days. Transmission from asymptomatic COVID-19 carriers is also possible. Aerosol and fomite transmission is plausible. Some strains can be present in saliva for as long as 29 days. It is also of concern that till dates no specific treatment or vaccine is available against Covid-19 and hence it is of paramount importance that we have certain protocols maintained in our practices for our own safety as well as the safety of our patients, family and society. INDIAN PROSTHODONTIC SOCIETY had brought out a basic guidelines for its fellow members and as you already are aware was circulated to you. We once again request you all to take utmost care in your practice and hope and pray to take all precautions possible towards any transmission of this virus for your safety as well as that of your patients - Stay Safe and Be Safe.



The IPS is Celebrating **International Yoga Day 2020**. The theme of President Dr. J R Patel this year includes **PROSTHO POWER** where in he envisaged the good health of each and every member and hence another reason for this initiative. This year's theme is 'Yoga at Home and Yoga with Family'. Members of IPS will be able to join Yoga Day program on Facebook live at 7 am on June 21. Miss Janvi Pratibha Mehta, the world yoga champion and an expert yoga teacher will be the mentor. IPS Gujarat State Branch are the host of this event.

### Forthcoming IPS Events

